

# WHERE WILL YOUR CITY TAKE YOU?

Choose from over 200 amazing walks and events in Bristol and beyond, with options for all ages, interests and abilities.







# WELCOME TO BRISTOL WALKFEST 2023 A CELEBRATION OF WALKING IN AND AROUND THE CITY

The month-long programme features over 200 walks and events covering art, environment, nature, history, architecture, well-being, walking sport, wildlife and much more. Most events are free and cater for all ages and levels of ability. It's a great way to get fit, make new friends and have fun. Check our online programme for all walks, events, information and booking details.

www.bristolwalkfest.com

# **GUIDE TO SYMBOLS AND INFORMATION**

**MUST BOOK** - Please refer to the Walk Fest website for more information on individual event booking. **FREE EVENTS** - Where a cost is not included, the event is FREE!

#### WALK GRADES AND THEMES

**EASY** - mainly flat on paved surfaces without features such as steps; gentle pace.

**FAIRLY EASY** - mainly flat on paved surfaces with features such as steps; gentle pace.

**MODERATE** - more challenging slopes and the ground may be varied, may include steps and stiles; moderate pace.

**CHALLENGING** - suitable for experienced walkers able to walk longer distances over mixed terrain and gradients at a brisk pace.









**▲** ARTS AND CULTURE

#### **KEY INFORMATION**





Buggy friendly

M Dogs on leads welcome

Family friendly

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• • • Frequent rest stops

Mobility scooter friendly

Take a packed lunch

WC Toilets available

Visually impaired friendly

Walk repeated during festival

Wheelchair friendly

Refreshments available to buy

# RAMBLERS

# **Bristol**

# Come walk with us!

Explore new places, make new friends and boost your health and happiness!



- · We offer led walks 3 days a week.
- Choose the difficulty that's right for you from a flat 5 miles to a hilly 15.
- Explore the countryside around Bristol with us from the Black Mountains to the Mendips, Cotswolds and beyond.
- Enjoy your first three walks for free!

Find out more:

https://www.bristolramblers.org.uk

# **THROUGHOUT MAY**

# THROUGHOUT MAY

# **EASY**

# MUST BOOK

#### **BLACKBEARD TO BANKSY**

**Time** 11:30

**Distance** 2miles

**Duration 2hrs Cost £10** 

Location College Green, BS1 5TJ

End Location Arnolfini, BS1 4QA

**Organiser** Blackbeard to Banksy

**Book** 07811 975275

blackbeard2banksy.com

Join us for a stroll through Bristol city centre and uncover 1000 years of history and world leading street art as you walk.



# **FAIRLY EASY**

## **MUST BOOK**

#### TREASURE HUNT BRISTOL

Time Any time

**Distance** 2.5miles

**Duration** Own pace

Cost £7.99/Adult. Code:

**BRISTOL-WALK-FEST** 

Location St Peter's Church.

Castle Park, BS1 3XB

End Location King Street, BS1 4DZ

**Organiser** Treasure Hunt Bristol

**Book** treasurehuntbristol.com

Turn an afternoon walk into an adventure with Treasure Hunt Bristol. Pore over treasure maps, ponder clues and scour Bristol's streets to find the answers.



# A FAIRLY EASY

#### **CLIFTON'S ORIGINS AND ARCHITECTURE**

**Time** Any time

**Distance** 2miles

**Duration** Own pace

Cost £4

**Location** Corner of Regent Street and Princess Victoria Street, BS8 4HR

**Organiser** Clifton & Hotwells

Improvement Society

Book chiswalkingtour@gmail.com Explore Clifton's sites on a walking tour that traces Clifton's development. The walk is self-quided using the VoiceMap app and your smartphone's GPS, so you go at your own pace.



# FAIRLY EASY

# **EXTRAORDINARY STREETS:**

**WITHYWOOD Time** Any time

**Distance** 1mile

**Duration** Own pace **Location** Campus Pool

skatepark, BS13 7RW

End Location Withywood Park, BS13 8PZ

**Organiser** Brave Bold Drama

**Book** bravebolddrama.co.uk/events.html A short, pavement-based audio trail in Withywood encourages you to find the extraordinary in apparently ordinary streets. Experienced through headphones and your smartphone. Written by people who live in BS13 and produced by Brave Bold Drama.



# MUST BOOK

#### **100KM ACTIVE PARK CHALLENGE**

Time Any time Distance 100km Cost Aim to fundraise £100 for Your Park **Location** Any park

Organiser Your Park Bristol and Bath **Book** 07518 768699

community@yourpark.org.uk Get active, stay well and feel good by reaching a 100km goal in any way vou wish from a daily walk to work. cycle or sponsored pram push. Be active whilst enabling more people to benefit from parks.



# FAIRLY EASY

#### **PORTISHEAD PUBLIC ART TRAIL**

Time Any time Duration 1hr30 **Location** Parish Wharf Leisure Centre, BS20 7DD

**Organiser** Portishead Town Council Centred around The Marina, extending to the Port Marine and Village Quarter, more than twenty outstanding visual artists have contributed to the art trail. Their works, which reflect the town's rich history and heritage, are integrated into the landscape.



# **MODERATE**

#### THE HUMANIST BRISTOL TOUR

Time Any time Distance 2-3miles **Duration** 2hrs **Location** St Peter's Church, Castle Park, BS1 3XB

End Location Old Gaol, Cumberland Road

**Organiser** Go Jauntly

The Humanist Bristol Tour takes you through some of the humanist history of Bristol with stunning views en route.





#### **HENGROVE PARK & MOUNDS PUZZLE WALK**

Time Any time

**Distance** 1mile

**Duration** 50mins

Location Hengrove Park, BS14 0HR

**Organiser** Go Jauntly

Put on your detective hat and help solve this puzzle by finding the missing word hidden in Hengrove Park. This kid-friendly puzzle hunt is suitable for 5-10 year olds.





#### **NETHAM PARK PUZZLE WALK**

Time Any time

Distance 1mile

**Duration** 30mins

Location Netham Park, Avonvale Road

Organiser Go Jauntly

Put on your detective hat on and help us solve this puzzle by finding the missing word hidden in Netham Park. A familyfriendly puzzle hunt!.



# FAIRLY EASY

**MUST BOOK** 

#### **BADOCK'S WOOD NATURE CHALLENGE**

Time 10:30 Distance 1mile **Duration 2hrs Location Badock's Wood** Northern Gateway, BS10 5PP Organiser Friends of Badock's Wood Book fobwsecretary@yahoo.co.uk Go along to Badock's Wood and take part in the City Nature Challenge to record the wildlife there.

wc Toilets not on site but at adjacent Greenway Centre.



#### **WALKING RUGBY**

Time 9:30 Duration 2hrs Cost First session free, then £5/week Location Broad Plain RFC, BS3 5AZ **Organiser** Broad Plain Pioneers **Book** 07791 600815 broadplainpioneers@gmail.com Walking 'touch' rugby for the over 55s. Male and female players of all ability welcome. Enjoy tea and coffee after play. No special clothes needed only walking boots or trainers. \*\*\* wc

# **TUESDAY 2 MAY**



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#### **MODERATE**

#### **HENBURY VILLAGE AND BLAISE**

eventually climb to the Castle.

Time 19:00 Distance 4miles **Duration** 1hr45 Location Blaise Castle Car Park, BS10 7QS **Organiser** Bristol Ramblers Book 0117 959 1701 secretary@bristolramblers.org.uk A circular route taking in the main features of Henbury village, including Blaise Hamlet, the church and the ford. Returning to the Blaise Estate, we will

# **FAIRLY EASY**

#### STROLL AND CHAT - VICTORIA PARK

Time 9:30 Duration 2hrs Location Bridge View Medical, Marksbury Road, BS3 5JU End Location Windmill Hill City Farm, BS3 4EA Organiser BS3 Community Development Book 0117 923 1039 leanne.purton@bs3communitv.org.uk Join us for a walk around Victoria Park and then head to Windmill Hill City Farm to meet some of the animals, explore the grounds and have a well earned rest in the cafe.





#### **EASY**

#### STROLL AND CHAT - TOBACCO FACTORY

Time 10:30 Duration 1hr30 Location Tobacco Factory, Raleigh Road, BS3 1TF Organiser BS3 Community Development Book 0117 923 1039 jo.langford@bs3community.org.uk Join us for a weekly stroll at your own pace. Make friends, boost your health and learn a bit of local history at the same time.



# A FAIRLY EASY

#### **MUST BOOK**

#### **CLIFTON TO CABOT**

Time 12:00 Distance 1.5miles **Duration 1hr30 Location Goldney** House, Lower Clifton Hill, BS8 1BH End Location Royal Fort Gardens, BS8 1UH Organiser University of Bristol Book 07769 726731 buaes@bristol.ac.uk See 'behind the walls' of some of the University of Bristol's halls and gardens and be introduced to some of its biodiversity and cultural features!



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## **MUST BOOK**

#### **WALKING FOOTBALL - BUWFC**

**TUESDAY 2 MAY** 

Time 10:30 Duration 1hr Cost First session free, then £4 **Location** Horfield Leisure Centre. BS7 0XW Organiser Bristol United Walking Football Club **Book** 07757 745404 wbyard17@gmail.com Walking football sessions for over 50s.



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#### **WALKING NETBALL**

Time 19:00 Duration 1hr Cost £4 **Location** Kingswood Leisure Centre, BS16 4RH Organiser England Netball Book eic1976@icloud.com A fun and inclusive session for adults of all fitness levels, run by a trained walking netball host.





## **MUST BOOK**

#### **WALKING TENNIS**

Time 10:30 Duration 1hr Cost First session free. then £4. Code: Walkfest **Location** St George Park Tennis Courts. BS5 7AA Organiser Bristol Parks Tennis - Wesport

Book 0117 328 6266 tennis@wesport.org.uk Join us for a fun gentle tennis experience. Walking Tennis is adapted to make the sport slower and a great way to start playing. All ages and abilities welcome.



# A EASY

## **MUST BOOK**

#### **BRISTOL'S FLOATING HARBOUR**

Time 10:30 Distance 2.2miles **Duration 2hrs30 Cost Donations** welcome Location M Shed, BS1 4RN Organiser M Shed Book 0117 352 6600 A tour of Bristol's historic harbour, exploring its rich industrial and maritime heritage.





## FAIRLY EASY

## **MUST BOOK**

#### WALKING FOOTBALL - BRISTOL ROVERS

Time 20:00 Duration 1hr Cost £4 Location Bristol Metropolitan Academy, BS16 2HD Organiser Bristol Rovers Community Trust Book 0117 952 2581 Olihanham@bristolroverscommunity.org.uk Indoor walking football for anyone over 50.





#### **EASY**

#### WOMEN WALKING GROUPS

Time 10:00 **Duration 2hrs Location** Ashton Court **Organiser** Open Minds Active

The event discovers exciting walking routes in Bristol, connects the whole city, serves communities, and connects people with nature, health, and well-being.



# **WEDNESDAY 3 MAY**

# **WEDNESDAY 3 MAY**

# **THURSDAY 4 MAY**



#### WALKING CRICKET

Time 13:30 Duration 1hr

Location Shine Community Sports Hall, BS9 4DT Organiser Gloucestershire

Cricket Foundation

Join us at our walking cricket session in Henleaze, to play some social indoor cricket and meet likeminded people aged 50+.





#### **ESTATES AND RIVERS CIRCULAR WALK**

Time 10:00 Distance 6miles

**Duration** 3hrs

Location Blaise Castle Car Park, BS10 7QS

**Organiser** Bristol Ramblers

Book 0117 956 6892

secretary@bristolramblers.org.uk From Blaise, the walk passes the hill fort, Kings Weston Estate, Shirehampton golf course, Sea Mills and follows the Trym back to Blaise. Excellent views over the Portway.





#### **HAMBROOK & FROME VALLEY** FIGURE OF EIGHT WALK

Time 18:45 Distance 5miles

**Duration** 2hrs30

Location The White Horse, BS16 1RY

**Organiser** Bristol Ramblers

Book 07312 119175

secretary@bristolramblers.org.uk A heady mix of riverside walking, farmland and pretty hamlets, all conjoined by a maze of lanes and footpaths. Plus the handsome architecture of Frenchay and the striking railway viaduct at Winterbourne.



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**EASY** 

**MUST BOOK** 

#### **WALK & TALK FOR UNPAID CARERS**

Time 13:30 Duration 1hr30

Location Withywood Centre, BS13 8QA **Organiser** Carers Support Centre

Book 07742 291073

walk@carerssupportcentre.org.uk Join our walk and talk sessions for a gentle walk and the opportunity to enjoy a local green area in the company of other carers.





FAIRLY EASY

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -EASTVILLE PARK**

Time 13:30 Duration 2hrs Location Eastville Park.

Nissen Hut, BS5 6XA

Organiser Your Park Bristol and Bath Book 07510 659215 sara@yourpark.org.uk Come and lift mood by being in and noticing nature and connecting with others. We do gardening, a craft activity or walk. All levels welcome and a free lunch provided!





**FAIRLY EASY** 

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -**HARTCLIFFE MILLENNIUM GREEN

Time 10:15 Duration 2hrs **Location** Hartcliffe Millennium

Organiser Your Park Bristol and Bath

Book 07510 659215 sara@yourpark.org.uk

Green, BS13 0BQ

Come and lift mood by being in and noticing nature and connecting with others. We do gardening, a craft activity or walk. All levels welcome and a free lunch provided!



**MODERATE** 

MUST BOOK

#### WALKING RUGBY TASTER SESSIONS

Time 18:30 Duration 1hr30

Cost First session free, then £3

**Location** Grimsbury Road Playing

Fields. BS15 9RA

**Organiser** Kingswood Titans

Walking RFC

Book 07811 529226

bpamplin@btinternet.com

Come and try Walking Rugby: an all inclusive sport aimed at the 50+ age group. Everybody is welcome and no experience is necessary.





**SEASY** 

**MUST BOOK** 

#### **COMMUNITY WALK LEADER** TRAINING SESSION

Time 10:00 Duration 3hrs Location City Hall, BS1 5TR **Organiser** Bristol City Council Book 07974 932128

darron.hamilton@bristol.gov.uk A short course taking you through all the practical steps and resources you will need to start organising community walking in your local area or further afield.





**FAIRLY EASY** 

#### **ROLLING AND STROLLING -EASTVILLE PARK**

Time 11:00 Duration 40mins Location Eastville Park. Entrance near Shell **Organiser** Bristol Disability Equality Forum Book mch.bristoldef@gmail.com A friendly and welcoming accessible walking group and a great way for people to meet other disabled people and make connections.



# **MODERATE**

# LONG ASHTON AND BARROW GURNEY

Time 18:45 Distance 5miles

**Duration 2hrs30 Location Long Ashton** 

Village Hall, BS41 9DR

**Organiser** Bristol Ramblers

**Book** 07582 586600

secretary@bristolramblers.org.uk A circular evening walk from Long Ashton Village Hall. The route passes Gatcombe Court and Barrow Court, and through Barrow Gurney village. This walk offers fine views of Bristol and Ashton Vale.





#### ST. NICHOLAS MARKET AND AIR RAID SHELTER WALKING TOUR

Time 11:00 Distance 1mile Duration 2hrs Cost £10, £5 under 18's Location Corn Exchange, Corn Street, BS1 1JQ Organiser St. Nicholas Market and Air Raid Shelter Walking Tour Book 07909 221684 info@st-nickstours.com Discover Bristol's biggest public air raid shelter, explore the historic Old Town and experience the nation's No.1 covered market.





**MODERATE** 

#### **FARLEIGH. HUNGERFORD** AND FRESHFORD

Time 9:30 Distance 7miles Duration 4hrs Location Cross Elms Lane, BS9 2BT **Organiser** Stoke Lodge Ramblers A 7 mile walk with some moderate ascents and some rough ground. OS exp 155/156.



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# **FAIRLY EASY**

MUST BOOK

#### **NORDIC WALKING TASTER**

Time 18:00 Duration 1hr15 Location Wellspring Surgery, BS5 9QY **Organiser** Let's Walk Bristol

Book 07721 711687

subitha@letswalkbristol.org

A free, fun and friendly Nordic walking taster showing how you can strengthen your body, improve your posture and walk faster with Nordic walking.



## **MUST BOOK**

#### **WALKING FOOTBALL - BUWFC**

Time 10:30 - see page 7 for details.



#### WALKING NETBALL

Time 10:15 Duration 1hr Cost £5.50 Location Park Centre Sports Hall, BS4 1DQ Organiser England Netball

**Book** 07808 581739

c.childs@blueyonder.co.uk

A fun and inclusive session for all adults no matter what fitness level, run by a trained walking netball host.





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#### WALKING NETBALL

Time 19:00 Duration 1hr Cost £5 Location St Brendan's Sixth Form College, BS4 5RQ

**Organiser** England Netball

**Book** 07768 416798

lindab2023@gmail.com

A fun and inclusive session for all adults no matter what fitness level, run by a trained

walking netball host. □ is wc ○

# **FAIRLY EASY**

#### **MUST BOOK**

#### THE BRISTOL COMEDY HISTORY WALK

**Time** 11:00 and 14:00

Location The Nails, BS1 1JG

End Location The New Rooms, Broadmead **Organiser** Bristol Improv Theatre

and Angie Belcher

A humorous tour of Bristol's hidden arcana led by improv performers and comedians. containing hilarious alternative perspectives and sneaky Bristolian in-jokes on this fun trail around the South West's coolest city.



# **MODERATE**

#### **MUST BOOK**

#### WALKING RUGBY TASTER SESSIONS

Time 10:00 - see page 9 for details.

# FAIRLY EASY

#### **MUST BOOK**

# **UNDERFALL YARD**

AND CUMBERLAND BASIN Time 12:00 Duration 1hr30

Location Cottage Inn, BS1 6XG

End Location Underfall Yard Visitor Centre

**Organiser** Underfall Yard Trust Book 0117 929 3250

info@underfallyard.co.uk

A guided walk through Bristol's industrial heritage, focusing on the 19th century to present day. Includes live hydraulic pump demonstration at Underfall Yard's Pump House.



# **FAIRLY EASY**

#### **MUST BOOK**

#### **BLOOD AND BUTCHERY IN BEDMINSTER**

Time 18:00 Distance 1mile **Duration 2hrs Cost £12** 

**Location** The Rope Walk. 5 Nelson Parade, BS3 4JA

End Location North Street, BS3 1JF

**Organiser** Show Of Strength

Theatre Company

Book showofstrength.org.uk Bedminster's older than Bristol! See extraordinary, forgotten places where amazing things happened. New for 2023: mystery statue and tour features in BBC's crime podcast 'Gangster: the story of John Palmer'.





#### **BRISTOL ABOLITION WALK**

Time 11:00 Distance 1.5miles **Duration 2hrs Location M Shed** 

main entrance, BS1 4RN

**End Location** Colston plinth

Organiser Abolition Shed Collective (BEAM) A two hour history walk dealing with Bristol's 1000 year involvement in slavery and its abolition, from M Shed to the

Colston plinth. 



# **MUST BOOK**

#### **WALKING FOOTBALL - GRASSROOTS**

Time 11:00 Duration 2hrs Cost £4 Location Riverside Youth Project, BS2 9ES **Organiser** Grassroots Sports Bristol **Book** 07877 287072 jeffreydickens@hotmail.com

Walking football for all abilities.



# **MODERATE**

# **MUST BOOK**

#### **BRISTOL NORDIC WALKING TASTER**

Time 9:30 Distance 1.5miles

**Duration 45mins** 

Location The Downs Café. BS9 1FG

**Organiser** Bristol Nordic Walking

**Book** 07886 885213

info@bristolnordicwalking.co.uk Join our experienced and friendly instructors on a 45 minute Nordic walking taster session. As one of our members says "Nordic walking is more than the sum of it's parts".





#### **MODERATE**

#### ABBOTS POOL CIRCULAR WALK

Time 10:00 Distance 5miles

**Duration** 3hrs

Location Clifton end of the

Suspension Bridge, BS8 4DP

**Organiser** Bristol Ramblers

Book 07970 811 668

secretary@bristolramblers.org.uk; wendyabritton@gmail.com

A circular walk from the Suspension Bridge. The route passes through Leigh Woods and Abbots Leigh to the serene and beautiful Abbots Pool, returning across the Ashton Court Estate.





#### WALKING CRICKET

Time 11:00 Duration 1hr

Location Easton Leisure Centre.

Thrissell St. BS5 0SW

**Organiser** Gloucestershire

Cricket Foundation

Join us at our walking cricket session in Easton, to play some social indoor cricket and meet likeminded people aged 50+.





#### ST. NICHOLAS MARKET AND AIR RAID **SHELTER WALKING TOUR**

Time 11:00 - see page 9 for details.



# **FAIRLY EASY**

**MUST BOOK** 

#### **DECOLONISING BRISTOL: BACK AND FORTH**

Time 11:00 Duration 2hrs30 **Location** Entrance to Royal Fort Gardens, BS8 1TH End Location Brunswick Cemetery.

BS2 8QS Organiser Active Archives / **Decolonising Memory** 

Book activearchivestours@gmail.com Explore sites connected to the transatlantic trade and traffic in enslaved Africans: the contemporary contributions of people of African descent to Bristol and an augmented reality app.





**MUST BOOK** 

#### **WALKING FOOTBALL - GRASSROOTS**

Time 10:00 Duration 2hrs Cost £4 Location Stockwood Youth CLub. BS14 8SJ Organiser Grassroots Sports Bristol **Book** 07877 287072

jeffreydickens@hotmail.com Walking football for all abilities. (>



## **MUST BOOK**

#### **EXPLORING GREEN CAREERS**

Time 16:00 Distance 2 miles **Duration** 2hrs

Location Leigh Woods, BS8 3QA

**Organiser** Forestry England

**Book** 07880 108512

sian.brewer@forestryengland.uk Learn about the different types of green career which support our environment. Open to ages 18-35.



## **MODERATE**

#### FAILAND CIRCULAR WALK

Time 10:00 Distance 6miles **Duration 3hrs Location Post Office/** Community Shop, Failand, BS8 3UL **Organiser** Bristol Ramblers Book 0117 966 9070

secretary@bristolramblers.org.uk A circular walk starting from Failand and undulating through fields and woods. On a clear day, there are extensive views across the Severn Estuary, and there are several bluebell woods.



#### **MODERATE**

**MUST BOOK** 

#### **BRISTOL NORDIC WALKING TASTER**

Time 9:45 Distance 1.5miles Duration 45mins Location Ashton Court Golf car park, BS8 8PX Organiser Bristol Nordic Walking **Book** 07886 885213 info@bristolnordicwalking.co.uk Join our experienced and friendly instructors on a 45 minute Nordic walking taster session. As one of our members says "Nordic walking is more than the sum of it's parts".



# **EASY**

**MUST BOOK** 

# **BRISTOL CULTURAL QUARTER TOUR**

Time 11:00 Duration 2hrs Cost £10 suggested donation **Location** Hamilton House, BS1 3QY End Location 15 Byron Street, BS2 9NT Organiser Active Archives / Decolonising Memory Book 07462131098 and 075 7066 7366 activearchivestours@gmail.com Exploring sites focussing on the Windrush generations and the contributions we made to shaping the cultural fabric of St Pauls, Bristol and UK in the 20th & 21st centuries.



# **EASY**

#### ST. NICHOLAS MARKET AND AIR RAID **SHELTER WALKING TOUR**

Time 11:00 - see page 9 for details.

# FAIRLY EASY

**MUST BOOK** 

#### **SPLENDID SCULPTURE AND MARVELLOUS MONUMENTS**

Time 10:30 Distance 1.5miles

**Duration** 1hr30 Location West Lodge, Arnos Vale Cemetery, BS4 3EW **Organiser** Arnos Vale Cemetery Trust **Book** 01179 719117

learning@arnosvale.org.uk Discover beautiful carved memorials and their symbolic meanings on gravestones. Learn about the memorial-makers of the past and hear stories of people remembered in Arnos Vale Cemetery.



# A FAIRLY EASY

#### **UNIVERSITY PLAOUES AND STATUES**

Time 10:30 Distance 3/4miles **Duration** 2hrs **Location** Outside Bristol Museum & Art Gallery, BS8 1RL

**Organiser** Ramblers Association

**Book** 07968 473378

maureenajohnson@hotmail.com A walk around the University precinct and beyond, taking in commemorative plagues and statues, dedications and related features.



# **FAIRLY EASY**

#### WALKING BRUNEL'S BRISTOL

Time TBC Distance 3.75miles

**Duration** 2hrs30

Location SS Great Britain, BS1 6TY

Organiser SS Great Britain

Join Isambard Kingdom Brunel himself and explore the historic harbourside. Discover the stories behind some of his greatest works and learn how Brunel's Bristol projects changed not only the city, but the whole world!.





# FAIRLY EASY

**MUST BOOK** 

#### **DAWN WALKERS -NURTURING WITH NATURE**

Time 05:00 Distance 2miles

**Duration 1hrs30** 

**Location** Clifton Down

- near the observatory

Organiser Soul Trail Wellbeing CIC Book soultrailwellbeing@gmail.com A reflective sunrise walk drawing on the seasonality of spring as a time of growth.



# **SUNDAY 7 MAY**

# **MONDAY 8 MAY**

# **TUESDAY 9 MAY**



#### **WALKING TENNIS**

Time 11:00 Duration 1hr Location Bristol Central Tennis Club, BS7 9AQ **Organiser** Bristol Central Tennis Club

Book 07811975275

bctcmembers@gmail.com Walking Tennis is accessible for all. Come along and try a fun new sport in a friendly. supportive environment. Your first session is free and all equipment is provided.



# **MODERATE**

**MUST BOOK** 

#### **TROOPERS HILL & CREWS HOLE HISTORY WALK**

Time 10:30 Distance 5miles

**Duration** 2hrs30

**Location** Troopers Hill

Organiser Friends of Troopers Hill Book troopers-hill.org.uk/events Explore the history of Troopers Hill and Crews Hole and learn how it has shaped the wonderful green spaces we have today.





# **MODERATE**

**MUST BOOK** 

#### MY WILD CITY -**HOW TO LEAD A GUIDED NATURE WALK**

Time 10:30 Duration 2hrs30 **Location** The Northern Slopes Bommie entrance, BS3 5JB **Organiser** Avon Wildlife Trust

Book 07421 226112

alex.dommett@avonwildlifetrust.org.uk Join My Wild City Community Engagement Officer Alex Dommett to learn how to plan and lead your own nature walk for your family, friends, community or group.



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#### **FAIRLY EASY MUST BOOK**

#### **BRISTOL SLAVE TRADE WALK**

Time 12:00 Distance 1mile

Duration 2hrs30 Cost £12 adults

**Location** Radisson Blu Hotel entrance.

BS1 4BY End Location Queen Square, BS1 4LH Organiser Rob Collin Blue

Badge Guide **Book** 07825 564067 rob.collin1@btinternet.com

The Bristol Slave Trade walk provides an understanding of the history of the English and British participation in the Transatlantic Slave Trade and Bristol's place in that history.



# A EASY

**MUST BOOK** 

#### **1831 BRISTOL RIOTS - A CITY IN FLAMES**

Time 15:00 Distance 1.5miles

**Duration** 2hrs30 **Cost** Donations welcome

Location M Shed, BS1 4RN

Organiser M Shed

Book 0117 352 6600

Explore the sites and learn about the causes and consequences of the citywide riots of 1831.



# A FAIRLY EASY

**MUST BOOK** 

#### ST ANNE'S WOOD HISTORY AND TREE TRAIL

Time 14:00 Distance 1mile Duration 2hrs30 Cost £10

Location St. Anne's Park.

opposite Co-op, BS4 4BD

**Organiser** Ten Amazing Trees

Book 07837 563718

tenamazingtrees@yahoo.com

A walk through time, from St Anne's Wood's Saxon origins to Victorian pleasure gardens and beyond.



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#### **WALKING RUGBY**

Time 09:30 - see page 6 for details.

# **TUESDAY 9 MAY**

# FAIRLY EASY

MUST BOOK

#### WALKING FOOTBALL - BRISTOL ROVERS

Time 20:00 - see page 7 for details.



# **MODERATE**

#### **BISHOPS KNOLL AND GOAT GULLY**

Time 18:45 Distance 4.5miles

**Duration** 2hrs15

Location Sea Mills Station, BS9 1FF

**Organiser** Bristol Ramblers

**Book** 07312 119175

secretary@bristolramblers.org.uk A varied circular walk which climbs intriguingly from beside the River Avon to the top of the Downs and back again without being too demanding. Incudes a lake, arboretum and hanging gardens.



# **MODERATE**

#### **SOUTH BRISTOL PARKS**

Time 10:30 Distance 4miles

**Duration** 3hrs

**Location** Temple Meads Station

main entrance, BS1 6QF

**Organiser** Bristol Ramblers

**Book** 079083 89463

secretary@bristolramblers.org.uk A circular walk starting from Temple Meads Station and visiting five South Bristol parks. There are extensive

views across the city, and many notable buildings, old and new.



# FAIRLY EASY

#### STROLL AND CHAT - VICTORIA PARK

Time 09:30 - see page 6 for details.



**EASY** 

#### STROLL AND CHAT - TOBACCO FACTORY

Time 10:30 - see page 6 for details.



**MUST BOOK** 

#### WALKING FOOTBALL - BUWFC

Time 10:30 - see page 7 for details.



#### WALKING NETBALL

Time 19:00 - see page 7 for details.



#### ST GEORGE LIBRARY EARLY YEARS STORYWALK

Time 11:00 Distance 0.5miles

**Duration** 45mins

Location St George Library, BS5 8AL

**Organiser** Bristol Libraries

Book 0117 903 8536

children and their carers.

library.ideas@bristol.gov.uk Join us on a fun stroll along the Malago Greenway with stories to entertain us along the way. Perfect for early years





**MUST BOOK** 

#### WALKING TENNIS

Time 10:30 - see page 7 for details.



# **WEDNESDAY 10 MAY**

# **WEDNESDAY 10 MAY**

# **THURSDAY 11 MAY**



**MUST BOOK** 

#### PARKS FOR HEALTH: **GREEN SOCIAL PRESCRIBING**

Time 17:00 Duration 1hr **Location** Online - Zoom

**Organiser** Your Park Bristol and Bath Join Your Park Bristol and Bath for an online workshop to explore why parks are so good for our health and what we can do to help more people experience their benefits.



#### **FAIRLY EASY**

**MUST BOOK** 

#### **BLOOD BLACKBEARD AND BUCCANEERS**

Time 18:00 Distance 1mile **Duration** 2hrs Cost £12 Location The Golden Guinea, BS1 6SX End Location Llandoger Trow, BS1 4ER **Organiser** Show Of Strength Theatre Company **Book** showofstrength.org.uk Blackbeard: the world's most infamous pirate. Walk in Blackbeard's footsteps as you learn the truth about Edward Teach's Bristol roots with pauses at dockside hostelries.





#### FAIRLY EASY

**MUST BOOK** 

#### **AN EVENING STROLL** IN BADOCK'S WOOD

Time 17:00 Distance 1.5miles **Duration 2hrs Location Badock's Wood** Northern Gateway, BS10 5PP Organiser Friends of Badock's Wood Book fobwsecretary@yahoo.co.uk This short stroll in Badock's Wood Nature Reserve, one of the 70 Queen's Green Canopy woodlands, will take in the woodland, and wildflower meadows,



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Toilets not on site but at adjacent **Greenway Centre** 

and walk beside the River Trym.

# **FAIRLY EASY**

#### WALKING CRICKET

Time 13:30 - see page 8 for details.



# MODERATE

#### HARBOURSIDE AND CLIFTON

Time 10:30 Distance 6miles **Duration 4hrs Location Temple Meads** Station main entrance, BS1 6QF **Organiser** Bristol Ramblers Book 0117 968 4140

secretary@bristolramblers.org.uk From Temple Meads we will walk along the south side of Floating Harbour and up through Rownham Woods and across Suspension Bridge to Clifton. We will return via Brandon Hill, Queens Square and Castle Park. 🚍 🛁 😎



#### **EASY**

**MUST BOOK** 

#### **WALK & TALK FOR UNPAID CARERS**

Time 13:30 - see page 8 for details.



#### A FAIRLY EASY

## **UNIVERSITY PLAQUES AND STATUES**

Time 10:30 - see page 13 for details.



#### **MUST BOOK**

#### **6 BRIDGES WALK**

Time 11:00 Duration 1hr30 Location Silver Ball, Millennium Square. BS1 5DB End Location Cascade Steps. BS1 4XJ Organiser Knowle West Health Park Book 0117 377 2255/07739 649844 lhathway@knowlewesthealthpark.co.uk Discover a range of Bristol's dockside bridges in this accessible walk starting with Pero bridge and ending at Redcliffe Bascule bridge. Local points of interest along the way, with some small history pointers given at each bridge stop.

**FAIRLY EASY** 

## MUST BOOK

#### **ROOTS TO WELLBEING TASTER -EASTVILLE PARK**

Time 13:30 - see page 8 for details.



**FAIRLY EASY** 

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -**HARTCLIFFE MILLENNIUM GREEN

Time 10:15 - see page 8 for details.



**MUST BOOK** 

#### THE STORY OF BRISTOL **HARBOUR RAILWAY**

Time 14:00 Distance 1mile **Duration** 1hr30 Cost Donations welcome

Location Bristol Ferry, Temple Meads,

BS1 6DZ End Location M Shed, BS1 4RN Organiser M Shed

Book 0117 352 6600

A short history of the Bristol Harbour Railway, taking a look at the people and the process behind its creation.





# MODERATE

**MUST BOOK** 

#### **WALKING RUGBY TASTER SESSIONS**

Time 18:30 - see page 9 for details.

# **THURSDAY 11 MAY**



**MUST BOOK** 

## **WALKING FOOTBALL - GRASSROOTS**

Time 11:00 - see page 11 for details.

# **MODERATE**

#### **RIVER AVON AND** KINGS WESTON ESTATE

Time 18:45 Distance 4.5miles

**Duration 2hrs30** 

Location Sea Mills Station, BS9 1FF

**Organiser** Bristol Ramblers

**Book** 07312 119175

secretary@bristolramblers.org.uk A pleasing excursion beside the River Avon, through Shirehampton golf course, and on to gracious Kings Weston House. There are excellent views along the way, plus woodlands and lovely, open, green spaces.



#### ST. NICHOLAS MARKET AND AIR RAID SHELTER WALKING TOUR

Time 11:00 - see page 9 for details.



**MUST BOOK** 

#### WALKING FOOTBALL - BUWFC

Time 10:30 - see page 7 for details.



#### WALKING NETBALL

Time 10:15 - see page 10 for details.



#### WALKING NETBALL

Time 19:00 - see page 10 for details.



**MUST BOOK** 

# WALKING RUGBY TASTER SESSIONS

Time 10:00 - see page 9 for details.



**EASY** 

**MUST BOOK** 

WALKING FOOTBALL - GRASSROOTS

Time 11:00 - see page 11 for details.

**FAIRLY EASY** 

**MUST BOOK** 

#### **BLOOD AND BUTCHERY IN BEDMINSTER**

Time 18:00 - see page 11 for details.



**FAIRLY EASY** 

**MUST BOOK** 

#### MINDFUL WALK WITH PRANAYAMA BREATHING

Time 18:00 Duration 1hr Location Eastville Park car park, Park Avenue, BS5 6XA Organiser Soul Trail Wellbeing CIC Book 07721 711687 soultrailwellbeing@gmail.com A sunset wellbeing walk with introduction to Pranayama breathing.

## **FRIDAY 12 MAY**



**MUST BOOK** 

#### **WALKING FOOTBALL - GRASSROOTS**

Time 10:00 - see page 12 for details.



#### WALKING CRICKET

Time 11:00 - see page 11 for details.



**MODERATE** 

**MUST BOOK** 

#### WONDERFUL WOODLANDS!

Time 13:00 Distance 5miles Duration 4hrs **Location** Wraxall Piece Forestry England car park, BS8 3TH Organiser Forestry England **Book** 07880 108512 sian.brewer@forestryengland.uk Join Bristol's Community Ranger to explore how Forestry England looks after woodlands for visitors, forestry and wildlife (ages 12+)





#### ST. NICHOLAS MARKET AND AIR RAID **SHELTER WALKING TOUR**

Time 11:00 - see page 9 for details.

**FAIRLY EASY** 

MUST BOOK

#### NORDIC WALKING TASTER

Time 14:00 Duration 1hr Location Jubilee Green, BS32 8HL Organiser Let's Walk Bristol Book 07721 711687

subitha@letswalkbristol.org

A free, fun and friendly Nordic walking taster showing how you can strengthen your body. improve your posture and walk faster with Nordic walking.





## **MODERATE**

#### **ROLLING AND STROLLING - CYCLE PATH**

Time 11:00 Duration 2hrs Location Outside Co-Op, Straits Parade, BS16 2LE **Organiser** Bristol Disability Equality Forum Book mch.bristoldef@gmail.com A friendly and welcoming accessible walking group and a great way for people to meet other disabled people and make connections.



# **SATURDAY 13 MAY**

## **MODERATE**

#### **RIVER WANDERINGS** AND HISTORIC HILLTOPS

Time 10:00 Distance 11miles **Duration** 6.5hrs **Location** Keynsham Station car park, BS31 2BN **Organiser** Brunel Walking Group

Book 07515 699583

brunelwalkinggroup@hotmail.com We will follow the River Avon trail before working our way uphill, with rewarding views. Our decent joins the Monarch's Way back to the start.



# **MODERATE**

**SATURDAY 13 MAY** 

#### **CLUTTON AND FOLLY FARM**

Time 10:00 Distance 6miles **Duration** 3hrs **Location** Clutton Church, BS39 5SH Organiser Bristol Ramblers Book 07885 680393

secretary@bristolramblers.org.uk Across fields and woods to Folly Farm Nature Reserve, Round Hill and Folly Woods. Views of Chew Valley Lake. Return to Clutton is partly along the route of an old railway track.





#### ST. NICHOLAS MARKET AND AIR RAID **SHELTER WALKING TOUR**

Time 11:00 - see page 9 for details.





**MUST BOOK** 

#### **FORAGING AND FOLKLORE**

Time 11:00 Distance 2miles **Duration 2hrs Cost You choose! Location** Main gate to Greyfield Woods, BS39 6YE Organiser EcoWild Book 07812 155659 emily@ecowild.org.uk The lives of people who have gone before us are woven into the landscape, their stories, beliefs, medicines and food were intrinsically tied to these rich complex ecosystems. Learn about and discuss hedgerow and woodland plants, their culinary or medicinal uses and folkloric meanings.





**MUST BOOK** 

## **BRISTOL CULTURAL OUARTER TOUR**

Time 11:00 - see page 12 for details.

# A EASY

#### HARBOURSIDE WALK

Time 10:30 Distance 2miles

**Duration 1hr30 Location SS Great Britain** Car Park, BS1 6UP

Organiser Bristol Dementia Action Alliance Book 07849 403018 office@bdaa.org.uk This wheelchair friendly walk will give you an insight into Bristol's history and is aimed at people living with dementia and their carers.





# **MODERATE**

#### **FOLLOWING THE RIVER CHEW**

Time 11:20 Distance 7.5miles **Duration** 4.5hrs **Location** Keynsham Station, BS31 2BT Organiser Wessex Wanderers Railway Walks

Book 07985 472844

joyharrison300@gmail.com A circular walk from Keynsham railway station, taking in the green spaces of Keynsham as well as nearby villages and countryside with interesting and attractive views.





# **FAIRLY EASY**

#### **BRISTOL BOOKSHOP CRAWL**

Time Any time Duration Own pace Location Any of the city's indepdent bookshops Organiser Max Minerva's Book 07498 538858

info@maxminervas.co.uk

Collect a map from any of Bristol's brilliant independent bookshops for a self-quided bookshop-hopping walk across city. As a rewards, each shop is offering 10% off any purchase on the day.



**FAIRLY EASY** 

**MUST BOOK** 

#### THE BRISTOL COMEDY HISTORY WALK

Time 11:00 and 14:00 see page 10 for details.



## FAIRLY EASY

#### **TOTTERDOWN WOMBLES WALK**

Time 11:00 Duration 1hr **Location** Bushy Park Green Space, BS4 2BS **Organiser TRESA CIC** 

Book hello@tresa.org.uk A wombling walk around Totterdown. Litter picking equipment and Womble t-shirts provided. Choose a route and return with your findings in time for coffee and a chat afterwards!





#### **MODERATE**

#### **WELLBEING WALK THROUGH** MANOR WOODS VALLEY

Time 11:00 Distance 1.5miles **Duration 1hr30** 

**Location** Entrance off St Peters Rise, BS13 7LN

**Organiser** Manor Woods Valley Group Book manorwoodsvalley@gmail.com We'll walk slowly, quietly and mindfully, tuning into the wonderful nature this site offers. Wear clothing clothing and footwear for potentially muddy paths and all weathers!



## L FAIRLY EASY

## **MUST BOOK**

#### **NATURE RECOVERY - SEA MILLS**

Time 10:30 Distance 3miles **Duration** 4hrs **Location** Sea Mills station, BS9 1DX End Location Shirehampton station, BA11 9XA

**Organiser** Friends of Sea Mills Meadows Book 07837 901922

meadows.seamills@gmail.com Easy stop-start walk with picnic, linking Sea Mills to Lamplighters' Pub, and Shirehampton's Daisy Field. A chance to learn about important nature recovery work in hidden Bristol.





#### **MUST BOOK**

#### **SAINTS AND SINNERS IN ST GEORGE**

Time 15:00 Distance 1.5miles **Duration** 2hrs **Cost** £12 Location St George Park, opp. Fire Engine pub, BS5 9HX **Organiser** Show Of Strength Theatre Company **Book** showofstrength.org.uk Walk through 800 years as St George develops from market gardens to Victorian factories and beyond. Glimpse a Tudor monarch on Church Road and the world's most prolific serial killer.



## MODERATE

## **MUST BOOK**

#### **MEN'S HIKE**

Time 10:00 Duration 3hrs Location Swineford picnic area, BS30 6LN Organiser Soul Trail Wellbeing CIC Book soultrailwellbeing@gmail.com Join us for a hike with incredible views to improve fitness, fresh air and connect with other men.



# **FAIRLY EASY**

# **MUST BOOK**

#### **DECOLONISING BRISTOL: BACK AND FORTH**

Time 11:00 - see page 12 for details.



#### **WALKING TENNIS**

Time 11:00 - see page 14 for details.

# **MONDAY 15 MAY**



# **FAIRLY EASY**

#### **MUST BOOK**

#### **WALK & TALK FOR CHINESE CARERS**

Time 11:00 Duration 1hr30 Location Eastville Park, BS5 6XA **Organiser** Carers Support Centre **Book** 07742 291073

walk@carerssupportcentre.org.uk Join our walk and talk sessions for a gentle walk and the opportunity to enjoy Eastville Park in the company of other Chinese speaking carers.



# A EASY

# **MUST BOOK**

#### **UNLOCKING BRISTOL'S STORIES**

Time 14:30 Distance 1.5miles **Duration** 1hr30 Cost Donations welcome Location Greggs, Cannon St, BS1 3LH **End Location** Temple Meads

Organiser M Shed Book 0117 352 6600 A city walk, taking in plaques, buildings and statues, complemented with stories of campaigns, protests and poetry in Bristol's rich and diverse history.



# A EASY

#### **MUST BOOK**

# WALKING FOOTBALL - BRISTOL ROVERS

Time 20:00 - see page 7 for details.



#### WALKING RUGBY

Time 09:30 - see page 6 for details.



#### **EXPLORING WESTBURY-ON-TRYM**

Time 18:45 Distance 4miles **Duration 2hrs Location Canford Park** Pond, BD9 3NX Organiser Bristol Ramblers **Book** 07312 119175 secretary@bristolramblers.org.uk A pleasant and varied ramble around Westbury-on-Trym, including village sites, Badock's Wood, Henbury golf course, the edge of the Blaise estate and Canford cemetery.





# FAIRLY EASY

**MUST BOOK** 

#### **WALK & TALK FOR UNPAID CARERS**

Time 11:00 Duration 1hr30 Location Kings Weston House, BS11 0UR Organiser Carers Support Centre Book 07742 291073 walk@carerssupportcentre.org.uk Join our walk and talk session for a gentle walk and the opportunity to enjoy Kings Weston House in the company of other carers.







# **FAIRLY EASY**

STROLL AND CHAT - VICTORIA PARK Time 09:30 - see page 6 for details.



**EASY** 

STROLL AND CHAT - TOBACCO FACTORY

Time 10:30 - see page 6 for details.

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**MODERATE** 

MUST BOOK

#### WILDFLOWERS: THEIR POLLINATORS. **FOLKLORE AND USES**

Time 10:30 Distance 2miles **Duration** 2hrs **Location** Blaise Castle Henbury Lodge car park, BS10 7AA **Organiser** Ambition Lawrence Weston **Book** 07719 088065

eric.swithinbank@avonwildlifetrust.org.uk Ramble through woods and meadows. stopping to observe wildflowers and learning about pollinators and wildlife, their folklore and uses.  $\square \bowtie WC$ 



**FAIRLY EASY** 

**MUST BOOK** 

#### **CLIFTON TO CABOT**

Time 12:00 - see page 6 for details.



**MUST BOOK** 

#### **WALKING FOOTBALL - BUWFC**

Time 10:30 - see page 7 for details.



#### WALKING NETBALL

Time 19:00 - see page 7 for details.



**MUST BOOK** 

#### **WALKING TENNIS**

Time 10:30 - see page 7 for details.



**MUST BOOK** 

#### **PARKS FOR HEALTH: SENSORY WALKS TRAINING**

Time 17:00 Duration 1hr30 **Location** Nissen Hut. Eastville Park

**Organiser** Your Park Bristol and Bath Sensory walks allow you to use your senses to connect with your surroundings whilst being active. Sense have created a set of resources and training to support people to map, set up and lead their own sensory walks for people with disabilities.



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**♥** MODERATE

**MUST BOOK** 

#### **WALK & TALK - ASHTON COURT**

Time 10:00 Duration 2hrs **Location** Clifton Suspension Bridge Hub. BS8 4DU **Organiser** Changes Bristol

Book 0117 941 1123

info@changesbristol.org.uk

Come and visit this iconic Bristol country park and mansion with Changes Bristol for a mental wellbeing walk. Meet outside the cafe for a leisurely walk around the grounds, stopping for refreshments half way through.





# **MODERATE**

#### **SPRINGTIME IN FAILAND**

Time 18:45 Distance 6miles **Duration** 2hrs30

Location Failand Village Hall, BS8 3TS

**Organiser** Bristol Ramblers

Book 07979 408199

secretary@bristolramblers.org.uk A circular walk from Failand Village Hall. The walk will be along footpaths and bridleways around Failand and Lower Failand, visiting delightful bluebell woods.



## **MUST BOOK**

#### WALKING IN BRISTOL

Time 19:00 Duration 1hr30 Location Waterside 3, Watershed Bristol BS1 5TX **Organiser** Bristol Health Partners and **Bristol Walking Alliance** Book www.eventbrite.co.uk/e/walking-inbristol-tickets-576142195817 enquiries@bristolwalkingalliance.org.uk Three speakers give their perspectives on Bristol's walking environment - with plenty of time for you to give your views!



# **MODERATE**

#### ABBOTS POOL CIRCULAR WALK

Time 10:00 - see page 11 for details.



**MUST BOOK** 

# **TEMPLE QUARTER WALKAROUND**

Time 15:00 Distance 1mile

**Duration** 1hr30 Location Temple Quay. BS1 6DG (opposite Phillpott's)

**Organiser** Temple Quarter Regeneration Programme **Book** 07809 401521

templequarter@bristol.gov.uk See the first phase delivery sites for the Bristol Temple Quarter regeneration programme. Join us for a walk around the station to hear first hand the proposals to transform the area around Brunel's historic station.





# **MODERATE**

#### A WALK IN THE LOVELY CHEW VALLEY

Time 10:00 Distance 8miles **Duration** 4.5hrs **Location** Pensford Village Hall, BS39 4HW

**Organiser** Somer Valley Ramblers Springtime walk along the Two Rivers Way in the beautiful Chew Valley.





#### **BISHOPSWORTH EARLY YEARS STORYWALK**

Time 14:00 Distance 0.5miles **Duration** 45mins **Location** Bishopsworth Library, BS13 7LN Organiser Bristol Libraries **Book** 0117 903 8536 library.ideas@bristol.gov.uk Join us on a fun stroll along the Malago Greenway with stories to entertain us along the way. Perfect for early years children and their carers.

# A EASY

#### WALKING CRICKET

Time 13:30 - see page 8 for details.



**EASY** 

**MUST BOOK** 

#### WALK & TALK FOR UNPAID CARERS

Time 13:30 - see page 8 for details.



FAIRLY EASY

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -EASTVILLE PARK**

Time 13:30 - see page 8 for details.



**FAIRLY EASY** 

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -**HARTCLIFFE MILLENNIUM GREEN

Time 10:15 - see page 8 for details.



**MODERATE** 

**MUST BOOK** 

#### WALKING RUGBY TASTER SESSIONS

Time 18:30 - see page 9 for details.



**♥** FAIRLY EASY

#### **ROLLING AND STROLLING -CASTLE PARK**

Time 11:00 Duration 40mins Location Castle Park, Union Street, BS1 2DD Organiser Bristol Disability **Equality Forum** 

Book mch.bristoldef@gmail.com A friendly and welcoming accessible walking group and a great way for people to meet other disabled people and make connections.



## **THURSDAY 18 MAY**



**MUST BOOK** 

**WALKING FOOTBALL - GRASSROOTS** 

Time 11:00 - see page 11 for details.

#### MAES KNOLL CIRCULAR WALK

Time 18:45 Distance 5miles **Duration 2hrs30 Location Junction of** Bamfield and Paddock Garden, BS14 0TG

**Organiser** Bristol Ramblers Book 07582 586600

secretary@bristolramblers.org.uk A circular walk from Whitchurch up to Maes Knoll, the great Iron Age hill fort on the Dundry ridge. There are magnificent views to the north and to the south.



#### ST. NICHOLAS MARKET AND AIR RAID **SHELTER WALKING TOUR**

Time 11:00 - see page 9 for details.



**MUST BOOK** 

#### **WALKING FOOTBALL - BUWFC**

Time 10:30 - see page 7 for details.



#### A FAIRLY EASY **MUST BOOK**

#### HISTORICAL AND MEDICAL **CURIOSITIES OF CLIFTON**

Time 11:00 Distance 2miles **Duration 1hr30 Location King's Road** 

(Outside Twelve Cafe), BS8 4AB

**Organiser** National Centre for Integrative Medicine

cabinet on its street corners.

Book 0117 370 1875

enquiries@ncim.org.uk Gently stroll around Clifton Village, discover medical curiosities, e.g. in the late 1700s tuberculosis patients in the village were treated with cow breath, and how the village has a veritable medicine





#### WALKING NETBALL

Time 10:15 - see page 10 for details.



#### WALKING NETBALL

Time 19:00 - see page 10 for details.



# **FAIRLY EASY**

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -**STOCKWOOD OPEN SPACE

Time 10:15 Duration 2hrs Location Stockwood Open Space, BS14 8LX **Organiser** Your Park Bristol and Bath Book 07510 659215 sara@yourpark.org.uk Come and lift mood by being in and noticing nature and connecting with others. We do gardening, a craft activity or walk. All levels welcome and a free lunch provided!





## FAIRLY EASY

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -**WITHYWOOD PARK

Time 13:30 Duration 2hrs Location Withywood Park, BS13 8PL **Organiser** Your Park Bristol and Bath Book 07510 659215 sara@yourpark.org.uk Come and lift mood by being in and noticing nature and connecting with others. We do gardening, a craft activity or walk. All levels welcome and a free lunch provided!





**MUST BOOK** 

#### **BRISTOL'S OLD CITY**

Time 10:30 Distance 2miles **Duration 2hrs30 Cost Donations** welcome Location M Shed, BS1 4RN Organiser M Shed Book 0117 352 6600 Discover a millennium of history on this walk around the heart of Bristol's old city.



MODERATE

**MUST BOOK** 

#### **WALKING RUGBY TASTER SESSIONS**

Time 10:00 - see page 9 for details.



**FAIRLY EASY** 

**MUST BOOK** 

#### **BLOOD AND BUTCHERY IN BEDMINSTER**

Time 18:00 - see page 11 for details.

# **FRIDAY 19 MAY**



**MUST BOOK** 

#### **WALKING FOOTBALL - GRASSROOTS**

Time 10:00 - see page 12 for details.



**EASY** 

#### **WALKING CRICKET**

Time 11:00 - see page 11 for details.



# **EASY**

#### ST. NICHOLAS MARKET AND AIR RAID SHELTER WALKING TOUR

Time 11:00 - see page 9 for details.



#### **MODERATE**

MUST BOOK

#### **LEARN TO NAVIGATE**

Time 16:00 Distance 3miles **Duration 3hrs Cost £15** Location Swineford Picnic Site. **BS30 6LN** 

**Organiser** Discover Your Outdoors Book 07840 846873

discoveryouroutdoors@outlook.com The perfect introduction for beginners who would like to gain navigation skills and confidence in a supportive group. This event is suitable for ages 12+. Under 18s must be accompanied by a paying adult.



# **MODERATE**

**MUST BOOK** 

#### A REFRESHING NORDIC WALK

Time 10:00 Distance 5miles

**Duration 2hrs Cost £5 Location** Ashton Court Golf

car park, BS8 8PX

**Organiser** Nordic4

Book 07970 741320

katie.atkins@nordic4.com

This is a stunning circular walk over mixed terrain. Woodlands. meadows. streams, hillside views of Wales and waterfalls all encapsulated in the quintessential English countryside which even boasts a vineyard.





**MUST BOOK** 

#### FAB NORDIC WALKING TASTER SESSION

Time 10:30 Duration 1hr30 Location The Beehive Centre. 19A Stretford Road, BS5 7AW **Organiser** Friends Ageing Better & Let's Walk Bristol Book 0117 440 4301 fab@ageukbristol.org.uk Friendly and sociable Nordic walking taster where you'll be taught the basic technique by Vicky Welsh of Let's Walk Bristol, followed by tea and coffee.





# **FAIRLY EASY**

**MUST BOOK** 

#### FREELANCE MUM BRISTOL NETWALK

Time 10:00 Duration 1hr30 Location Courtyard Cafe, Ashton Court, BS41 9JN **Organiser** Freelance Mum **Book** 07967 135163 faye@fayedicker.com

A child-friendly netwalk for mums and dads in business.



**MODERATE** 

MUST BOOK

#### **LEIGH WOODS AND ASHTON COURT**

Time 10:00 Distance 10.5 miles **Duration** 5.5hrs **Location** Leigh Woods Forestry commission, BS8 3QA **Organiser** Clevedon Ramblers Book 07867 123760 simonkathryn8@gmail.com

A delightful walk through Leigh woods, Ashton Court and along the River Avon Trail, with good views, lovely woodland along with gentle rolling fields and a chance to walk beneath the wonderful Clifton Suspension Bridge.



# **SATURDAY 20 MAY**



**MUST BOOK** 

## **BRISTOL CULTURAL OUARTER TOUR**

Time 11:00 - see page 12 for details.



#### **SELF-GUIDED BRIDGE WALKING TRAILS**

Time 11:00 Distance 0.5 or 2 miles **Duration** 2hrs **Location** Clifton Suspension Bridge Hub, BS8 4DU Organiser Clifton Suspension Bridge Book 0117 974 4664 visitinfo@cliftonbridge.org.uk Call in to The Hub on the Clifton side to collect instructions for a self-guided walk across the bridge and around the local area. Choose from a short family trail, or 3.8kms to the bottom of the Avon Gorge.



# **MODERATE**

#### WATERFALL WALK

Time 10:00 Distance 5.5miles

**Duration** 3hrs

Location Clutton Church, BS39 5SF

**Organiser** Bristol Ramblers

Book 07919 193589

secretary@bristolramblers.org.uk A circular walk from Clutton Church. A lovely spring walk through fields and following streams to Cameley and the Stephen Vale Nature Reserve. Then on to the waterfall and back to Clutton Church.





**MUST BOOK** 

#### **NORDIC4 TEENS TASTER SESSION**

Time 11:00 Duration 1hr Location Downs Cafe. Stoke Road, BS9 1FG Organiser Nordic4 Book 07970 741320

katie.atkins@nordic4.com This is a free Nordic4Teens session for Y6 and Y7 pupils (ages 11-12). Make new friends and enjoy a taster of Nordic Walking all whilst exploring and talking to others!





#### ST. NICHOLAS MARKET AND AIR RAID **SHELTER WALKING TOUR**

Time 11:00 - see page 9 for details.

# **FAIRLY EASY**

**SATURDAY 20 MAY** 

## **MUST BOOK**

#### **A STEP THROUGH TIME**

Time 09:30 Duration 1hr30

**Location** Former Bristol Zoo Gardens entrance/the Downs Organiser Avon Gorge and Downs Wildlife Project

Book 0117 428 5381 / 0117 428 5600 avongorgewildlife@bzsociety.org.uk Join Francis Greenacre, (author/former curator Bristol Museum), on this fascinating Downs walk. As Downs History Trails' author, Francis's comprehensive knowledge will deepen your understanding of how the Downs developed.





## FAIRLY EASY

#### MINDFUL WALK IN THE WOODS

Time 10:30 Distance 1mile Duration 1hr Location First junction of Lakewood Road and Lakewood Crescent, BS10 5HL **Organiser** Lucy Heard

Book LucyHeardProducer@gmail.com Join us for a walking meditation in Badock's Woods. No experience required. We'll use the experience of walking to focus our minds.

# MODERATE

# **MUST BOOK**

## **WALKING WITH GIANTS** ON DUNDRY HILL

Time 10:00 Distance 3.5 miles

**Duration 4hrs Cost £3** 

Location End Aldwick Avenue, BS13 0NU **Organiser** South Bristol Amblers

Book 07808 544367

Jasonedwardsbrown@gmail.com From Aldwick Avenue Hartcliffe steep incline to Maes Knoll Iron Age tump, Dundry, through to Norton Malreward and their Millenium bench, to Norton Hawksfield Millenium stone. Plenty wonderful views.



# **MODERATE**

# DISCOVER EASTWOOD FARM LNR

Time 11:00 Distance 2miles

**Duration 1hr30 Cost Donations welcome** Location Whitmore Avenue, BS4 4UD **Organiser** Friends of Eastwood Farm

**Book** 07954 158697

jo.moore1@blueyonder.co.uk Discover Eastwood Farm, perhaps Bristol's best kept secret. This riverside guided walk through gives the feeling of being in countryside even though you are still within the city. The walk focuses on the site's history and the work of the Friends group that ensure it remains a special place for all visitors.





## **FAIRLY EASY**

**MUST BOOK** 

#### THE BRISTOL COMEDY HISTORY WALK

**Time** 11:00 and 14:00 - see page 10 for details.



#### **MODERATE**

**MUST BOOK** 

#### **BEE FRIENDLY WILDFLOWER WALK**

Time 10:30 Distance 2miles **Duration 2hrs30 Location Outside** The Vench. Lockleaze. BS7 9TB

**Organiser** Lockleaze Neighbourhood Trust **Book** 07719 088065

eric.swithinbank@wildlifetrust.org.uk To celebrate World Bee Day - discover the meadows, woodlands and wildflowers of Stoke Park, stopping off to learn about pollinators, uses and folklore - with a particular focus on their relationship with bees!







## WALKING BRUNEL'S BRISTOL

Time TBC - see page 13 for details.

# **MODERATE**

**MUST BOOK** 

#### HAUNTED AND HIDDEN BRISTOL WALK

Time 14:00 Duration 1hr30 Cost £5 Location College Green, BS1 5TJ End Location King Street, BS1 4ED Organiser Haunted and Hidden Bristol Walk **Book** 07766 258407 fabulous208@hotmail.com A fun and informative guided walk that combines haunted buildings, TV locations and Bristol trivia.





**MUST BOOK** 

#### **WALKING TENNIS**

Time 11:00 - see page 14 for details.



**FAIRLY EASY** 

#### AFTERNOON TEA WALK

Time 14:00 Distance 4.5miles **Duration** 2hrs30

**Location** Hawksbury Upton

Village Hall, GL9 1AU

**Organiser** Severnside Ramblers Book 07985 472844

joyharrison300@gmail.com Join us to see parks, ponds and defences on this walk through Hawksbury Upton and Horton with details of interesting

features.

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FAIRLY EASY

**MUST BOOK** 

#### **NATURE RECOVERY -SEA MILLS MEADOWS**

Time 11:00 Distance 1mile

**Duration** 1hr30

Location Sea Mills station, BS9 1DX

**Organiser** Friends of Sea Mills Meadows

Book 07837 901922

meadows.seamills@gmail.com

A chance to find out how nature recovery is happening at Sea Mills Meadows, plus take part in a butterfly survey and brush up your wildflower ID skills (beginners welcome!).





A FAIRLY EASY

**MUST BOOK** 

#### **BRISTOL SLAVE TRADE WALK**

Time 12:00 - see page 14 for details.



**MODERATE** 

#### **MAUD HEATHS CAUSEWAY**

Time 09:30 Distance 8miles

**Duration** 5hrs

Location Cross Elms Lane, BS9 2BT

**Organiser** Stoke Lodge Ramblers

Book sueohara08@gmail.com

An eight mile walk, mainly on quiet country roads and a historic 'pavement'. Mainly flat with a couple of climbs.



**EASY** 

#### **MENTAL HEALTH MATES WALK** AND TALK

Time 15:00 Duration 1hr30 Location The Downs Cafe. Stoke Rd. BS9 1FG **Organiser** Mental Health Mates Bristol

Join our community for a gentle circular walk around the Downs. Everyone is welcome and you can talk about almost anything.



# MODERATE

**MUST BOOK** 

#### **OLDBURY COURT HISTORY AND TREE TRAIL**

Time 14:00 Distance 1mile Duration 2hrs30 Cost £10

Location Kiosk Café, Oldbury

Court Estate, BS16 2JH

**Organiser** Ten Amazing Trees

**Book** 07837 563718

tenamazingtrees@yahoo.com A walk through time in Oldbury Court Estate, from Saxon hunting forest to Georgian pleasure garden.





**EASY** 

#### A FRONT GARDEN WALKABOUT

Time 10:30 Duration 1hr Location Windmill Hill City Farm, BS3 4EA **End Location** Riverside Garden Centre, BS3 1RX Organiser Blooming Bedminster with Bristol Ramblers **Book** 07986 293356 Join us for a stroll through the BS3 neighbourhoods of Bedminster, Southville and Ashton, taking in some of the small but lovely front gardens and other green spaces that are helping brightening up local streets.





#### **WALKING RUGBY**

Time 09:30 - see page 6 for details.



**FAIRLY EASY** 

**MUST BOOK** 

#### **WALK & TALK FOR CHINESE CARERS**

Time 11:00 - see page 21 for details.

# **TUESDAY 23 MAY**



FAIRLY EASY

## **CURIOSITIES OF CLIFTON DOWN**

Time 18:00 Distance 2miles

**Duration 1hr15 Location Outside Gyles** Brothers, 188 Whiteladies Rd, BS8 2XU

End Location Arlington Garden, BS8 2ED Organiser Bristol Green Party - Clifton

**Down Councillors** 

**Book** 07584 182840

cllr.tom.hathway@bristol.gov.uk Join Cllrs Carla and Tom on a meander

through the back streets off Whiteladies Road, visiting hidden gardens, sculptures and other curiosities. Starts near the Downs and heads gently downhill.

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**FAIRLY EASY** 

**MUST BOOK** 

**WALKING FOOTBALL - BRISTOL ROVERS** 

Time 20:00 - see page 7 for details.



**MODERATE** 

**MUST BOOK** 

#### **BRISTOL IN BOOKS**

Time 18:00 Distance 3miles **Duration** 3hrs **Location** Central Library, BS1 5TL Organiser Bristol Libraries Book 0117 9038536

library.ideas@bristol.gov.uk

Exploring Bristol's literary heritage as we visit literary locations which will be brought to life with a short reading.

# **TUESDAY 23 MAY**

# **WEDNESDAY 24 MAY**

# **WEDNESDAY 24 MAY**



## **STAPLETON AND GREENBANK -LAKES AND VIADUCT**

Time 18:45 Distance 4miles **Duration 2hrs Location Stapleton** Church, Bell Hill, BS16 1AR **Organiser** Bristol Ramblers

Book 07312 119175

secretary@bristolramblers.org.uk A circuit of considerable variety, featuring architecture old and new, woodlands and lakes, hidden valleys, cemeteries, and a splendid former railway viaduct to cross.



# **FAIRLY EASY**

**MUST BOOK** 

#### **DEEP TIME WALK**

Time 10:00 Distance 3miles **Duration** 2hrs30 Cost You choose! Location Outside St Thomas a Becket's Church, BS39 4AL Organiser EcoWild Book 07812 155659 emily@ecowild.org.uk Get to know the land and other people. connect with the past and the great flow of life that has brought us into existence in this A Deep Time Walk through beautiful countryside south of Bristol.





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# **FAIRLY EASY**

#### **STROLL AND CHAT - VICTORIA PARK**

Time 09:30 - see page 6 for details.



# STROLL AND CHAT - TOBACCO FACTORY

Time 10:30 - see page 6 for details.



**MUST BOOK** 

## **BLOOD BLACKBEARD AND BUCCANEERS**

Time 18:00 - see page 16 for details.

# FAIRLY EASY

**MUST BOOK** 

#### NORDIC WALKING TASTER

Time 11:00 Duration 1hr

Location Blaise Castle Estate, BS10 7QS Organiser Let's Walk Bristol

Book 07721 711687

subitha@letswalkbristol.org

A free, fun and friendly Nordic walking taster showing how you can strengthen your body, improve your posture and walk faster with Nordic walking.



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# **MUST BOOK**

#### WALKING FOOTBALL - BUWFC

Time 10:30 - see page 7 for details.



#### WALKING NETBALL

Time 19:00 - see page 7 for details.



**MUST BOOK** 

#### **WALKING TENNIS**

Time 10:30 - see page 7 for details.



## MODERATE

#### **SPINE OF PURDOWN WALK**

Time 10:00 Distance 2.5miles

**Duration 1hr30 Location Horfield Leisure** Centre, BS7 0XW End Location Boston Tea Party, Cheswick Village, BS16 1FT

**Organiser** Horfield Strollers with Bristol Ramblers **Book** 0117 924 1398

anna@agtrans.co.uk Walk the length of Stoke Park Estate.

Short but moderate climb to the spine, panoramic views both to east and south and a section of ancient woodland with wooden sculptures. Finish in Cheswick Village for refreshments, then bus back to Filton Avenue or Gloucester Road.



# ASY EASY

#### WALKING CRICKET

Time 13:30 - see page 8 for details.



# **MODERATE**

#### HIDDEN CORNERS OF WEST BRISTOL

Time 10:30 Distance 6.5 miles **Duration** 3hrs **Location** Redland Station

Entrance, South Road, BS6 6QP

**Organiser** Bristol Ramblers Book 07950 271 150

secretary@bristolramblers.org.uk A circular walk from Redland Station. The route goes through Cotham. Clifton Wood, Hotwells and Clifton, including some hidden corners, historic locations and magnificent buildings.





**MUST BOOK** 

# **WALK & TALK FOR UNPAID CARERS**

Time 13:30 - see page 8 for details.



# **EASY**

#### **WESTBURY LIBRARY EARLY** YEARS STORYWALK

Time 11:45 Distance 0.5miles **Duration 45mins** 

Location Westbury Library, BS9 3JZ **Organiser** Bristol Libraries

Book 0117 903 8536

library.ideas@bristol.gov.uk Join us on a fun stroll along the Malago Greenway with stories to entertain us along the way. Perfect for early years children and their carers.





# **FAIRLY EASY**

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -EASTVILLE PARK**

Time 13:30 - see page 8 for details.

#### **MUST BOOK**

#### **ROOTS TO WELLBEING TASTER -**HARTCLIFFE MILLENNIUM GREEN

Time 10:15 - see page 8 for details.



**MUST BOOK** 

#### WALKING RUGBY TASTER SESSIONS

Time 18:30 - see page 9 for details.

# **THURSDAY 25 MAY**



**MUST BOOK** 

#### WALKING FOOTBALL - GRASSROOTS

Time 11:00 - see page 11 for details.



# MODERATE

#### **RIVERSIDE REVELATIONS**

Time 18:45 Distance 4 miles **Duration 2hrs Location Junction of Bell** 

Barn Lane and Cheyne Road, BS9 2LS **Organiser** Bristol Ramblers

**Book** 07312 119175

secretary@bristolramblers.org.uk A varied excursion, incorporating a lovely lake, an arboretum and a riverside stroll, plus some charming encounters with the wooded Trym Valley, and back lanes that will constantly surprise you.





#### ST. NICHOLAS MARKET AND AIR RAID SHELTER WALKING TOUR

Time 11:00 - see page 9 for details.



**MUST BOOK** 

#### **BRISTOL IN BOOKS**

Time 18:00 - see page 29 for details.

# **THURSDAY 25 MAY**

# **FRIDAY 26 MAY**

# **SATURDAY 27 MAY**

# **CHALLENGING**

#### **MENDIPS**

Time 09:30 Distance 9miles **Duration** 5hrs Location Cross Elms Lane, BS9 2BT **Organiser** Stoke Lodge Ramblers Book sueohara08@gmail.com A 9 mile walk with varied terrain and some ascents.



**MUST BOOK** 

#### **WALKING FOOTBALL - BUWFC**

Time 10:30 - see page 7 for details.

#### A FAIRLY EASY **MUST BOOK**

#### HISTORICAL AND MEDICAL **CURIOSITIES OF CLIFTON**

Time 11:00 - see page 24 for details.



#### WALKING NETBALL

Time 10:15 - see page 10 for details.



#### WALKING NETBALL

Time 19:00 - see page 10 for details.



FAIRLY EASY

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -**STOCKWOOD OPEN SPACE

Time 10:15 - see page 24 for details.



#### **FAIRLY EASY**

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -**WITHYWOOD PARK

Time 13:30 - see page 24 for details.



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**MUST BOOK** 

#### WALKING RUGBY TASTER SESSIONS

Time 10:00 - see page 9 for details.

**FAIRLY EASY** 

**MUST BOOK** 

#### **BLOOD AND BUTCHERY IN BEDMINSTER**

Time 18:00 - see page 11 for details.



#### **BRISTOL ABOLITION WALK**

Time 11:00 - see page 11 for details.

# **FRIDAY 26 MAY**

# **EASY**

# A GHOSTLY PUB CRAWL

Time 10:30 Distance 3miles **Duration 1hr30 Location Outside** Fountain Cafe, 326 Church Road BS5 8AJ End Location Easton Leisure Centre, BS5 0SW Organiser St George Strollers Book 0447779 218620

junebarclay@blueyonder.co.uk A linear walk on good paths and pavements. No steep hills. A tour around St George, Redfield, Barton Hill and Lawrence Hill looking at the sites of old public houses.



# **MODERATE**

**MUST BOOK** 

#### SEVERN WAY BRISTOL LINK

Time 13:30 Distance 5.2miles

**Duration** 3hrs15

**Location** Shirehampton station

car park, BS11 9XA

**Organiser** Bristol City Council

- PROW Liaison Group

Book 07721 488165

rightsofway@bristol.gov.uk

From the station this walk follows sections of the Severn Way and other public rights of way taking in riverside paths, historic parkland, woodland and sweeping views.



## **MUST BOOK**

#### **WALKING FOOTBALL - GRASSROOTS**

Time 10:00 - see page 12 for details.



#### **WALKING CRICKET**

Time 11:00 - see page 11 for details.



#### ST. NICHOLAS MARKET AND AIR RAID **SHELTER WALKING TOUR**

Time 11:00 - see page 9 for details.



**MUST BOOK** 

#### **REDCLIFFE AND TEMPLE**

Time 13:00 Distance 2.2miles **Duration 2hrs30 Cost Donations** welcome Location M Shed, BS1 4RN Organiser M Shed Book 0117 352 6600 Venture to the once-autonomous

township of Redcliffe, where you'll find some of the most impressive remains of historical Bristol.



# **SATURDAY 27 MAY**



#### **BISHOPS KNOLL AND SNEYD PARK NATURE RESERVE**

Time 10:00 Distance 6miles Duration 2hrs30 Location Watertower on Durdham Downs, BS9 1FG Organiser Bristol Ramblers **Book** 07536 460259 secretary@bristolramblers.org.uk A circular walk from the Watertower on the Downs, the undulating route takes in Bishops Knoll, the site of a hospital for Australian soldiers, and the lovely Sneyd



Park Nature Reserve.

# EASY

Wildlife Project

**MUST BOOK** 

#### TREES OF THE GRANNY DOWNS

Time 10:30 Duration 2hrs Cost £5 Location Corner of Westbury Road/Clay Pit Road/Durdham Park, BS91G **Organiser** Avon Gorge and Downs

Book 0117 428 5381 / 0117 428 5600 avongorgewildlife@bzsociety.org.uk What are the 'Granny Downs'? Explore this special tree trail with Robin Haward from FoD+AG. Learn to identify trees, discover facts and folklore, enjoy luscious laburnums and hawthorns in flower!





#### ST. NICHOLAS MARKET AND AIR RAID SHELTER WALKING TOUR

Time 11:00 - see page 9 for details.



#### AN EXPLORATION OF MANOR WOODS VALLEY

Time 10:30 Distance 2miles

**Duration 2hrs Cost Donations** appreciated **Location** Entrance off St Peters Rise, BS13 7LN **Organiser** Manor Woods Valley Group Book manorwoodsvalley@gmail.com A leisurely guided walk to experience the many areas and features of interest, including woodlands, the Malago, meadows and an orchard. Experience t he history, and natural history of the site.







## THE BRISTOL COMEDY HISTORY WALK

Time 11:00 and 14:00 see page 10 for details.

# **MODERATE**

MUST BOOK

#### **BRISTOL SOUTH SKYLINE WALK**

Time 10:30 Distance 2 or 7miles **Duration** 4hrs30 **Location** Bristol Temple Meads Station forecourt, BS1 6QS **Organiser** Bristol South Skyline Walk **Book** 07901 874375

christinehiggott@tiscali.co.uk With two distance options, these circular walks use footpaths and pavements and cross several of south Bristol's green spaces. From river level they take you to high places and provide fine views.





#### THE AVON CENTRE WALK

Time 10:00 Distance 2.2miles

**Duration 1hr15** 

Location The Avon Centre, BS10 7QT

**Organiser** The Avon Centre

Book 0117 959 0266

mojca@theavoncentre.org.uk Through beautiful woodlands, the green horse fields around the grounds of the Avon Centre. The circular path occasionally follows the horse's hacking path including the canter track for a finish gallop. Refreshments available to purchase.



# **SUNDAY 28 MAY**



**MUST BOOK** 

#### **SAINTS AND SINNERS IN ST GEORGE**

Time 15:00 - see page 20 for details.

#### FAIRLY EASY **MUST BOOK**

#### **NIGHTINGALE VALLEY HISTORY** AND TREE TRAIL

Time 14:00 Distance 1mile Duration 2hrs30 Cost £10

**SUNDAY 28 MAY** 

Location Nightingale Valley.

Hill Lawn, BS4 4HP

**Organiser** Ten Amazing Trees

Book 07837 563718

tenamazingtrees@yahoo.com A walk through time in Nightingale Valley, from Saxon hunting forest to Victorian pleasure garden.





**MUST BOOK** 

#### HAUNTED AND HIDDEN BRISTOL WALK

Time 14:00 - see page 28 for details.

# A EASY

**MUST BOOK** 

#### **CEREMONIAL WAY CEMETERY TOUR**

Time 10:30 Distance 1mile

**Duration** 1hr30 **Location** West Lodge, Arnos Vale Cemetery, BS4 3EW

**Organiser** Arnos Vale Cemetery Trust **Book** 0117 9719117

learning@arnosvale.org.uk Explore the beautiful architecture and amazing graves of Bristol's past, and hear stories of the people involved. Learn fascinating facts about Arnos Vale and enjoy the beautiful landscape and views on this carefully designed, accessible tour - it's on the flat and has regular rest points on the route.





#### **WALKING TENNIS**

Time 11:00 - see page 14 for details.

# **EASY**

#### KINGS WESTON HOUSE

Time 12:00 Distance 1mile **Duration 3hrs Location Car park** at Kings Weston House **Organiser** Bristol Steppin Sistas Book 07774 290646

Bristolstep123@gmail.com A 1-mile walk around the grounds of Kings Weston House and through the beautiful woodlands, stopping for refreshments after at the elegant cafe on site. 18+ years only.





**MUST BOOK** 

#### **BRISTOL SLAVE TRADE WALK**

Time 12:00 - see page 14 for details.

# **MONDAY 29 MAY**



#### **WALKING RUGBY**

Time 09:30 - see page 6 for details.

# **TUESDAY 30 MAY**

**FAIRLY EASY** 

MUST BOOK

**WALKING FOOTBALL - BRISTOL ROVERS** 

Time 20:00 - see page 7 for details.

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**MUST BOOK** 

**WALKING FOOTBALL - BUWFC** 

Time 10:30 - see page 7 for details.



**MUST BOOK** 

#### **WALKING TENNIS**

Time 10:30 - see page 7 for details.

## FAIRLY EASY

**MUST BOOK** 

#### **FORAGING AND NATURE** WALK FOR KIDS

Time 14:00 Distance 1 km

Duration 1hr30 Cost £5 per ticket.

£15 for a family for 4

Location Willsbridge Mill Car Park, BS30 9UA Organiser Life Rewilded Book liferewilded@gmail.com

A foraging walk for families with kids to connect and learn about nature in the local area. You'll foraging for edibles, and discover medicinal uses of plants, nature crafts and games with a foraged drink and snack to finish!





#### LAWRENCE WESTON MOOR

Time 18:45 Distance 4miles **Duration 2hrs15 Location Junction** of Windmill Lane and Springwood Drive, BS10 7PU Organiser Bristol Ramblers **Book** 07312 119175

secretary@bristolramblers.org.uk Explore the locally unique water-meadows of Lawrence Weston, and enjoy great views over Avonmouth and the Bristol Channel from Blaise Woods.





# FAIRLY EASY

## STROLL AND CHAT - VICTORIA PARK

Time 09:30 - see page 6 for details.



STROLL AND CHAT - TOBACCO FACTORY Time 10:30 - see page 6 for details.



#### WALKING NETBALL

Time 19:00 - see page 7 for details.

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# **WEDNESDAY 31 MAY**



## **MODERATE**

#### KINGS WESTON HILL CIRCULAR WALK

Time 10:00 Distance 5.5miles

**Duration** 2hrs30

Location Blaise Castle Café, BS10 7QS

**Organiser** Bristol Ramblers

Book 07536 460259

secretary@bristolramblers.org.uk A circular walk starting from Blaise Castle Cafe. The undulating route passes through woodland and parkland, includes Kings Weston House, Penpole Point and Blaise Folly, with views across the Severn Estuary.





## FAIRLY EASY

**MUST BOOK** 

#### FORAGING AND CONNECTION **WALK FOR KIDS**

Time 10:00 Distance 1 km

**Duration** 1hr30

Cost £5 per ticket. £15 for a family for 4 Location Stoke Park Estate, BS16 1WJ Organiser Life Rewilded

Book liferewilded@gmail.com A foraging walk for families with kids to connect and learn about nature in the local area. You'll foraging for edibles, and discover medicinal uses of plants, nature crafts and games with a foraged drink and snack to finish!





**MUST BOOK** 

#### WALKING RUGBY TASTER SESSIONS

Time 18:30 - see page 9 for details.

# **WEDNESDAY 31 MAY**



## **MODERATE**

**MUST BOOK** 

#### MAY NETWALKING

Time 12:30 Duration 1hr Cost £2 for non Future Leap members **Location** Bristol Cathedral Main

Entrance, BS15TR

**Organiser** Future Leap

Book events@futureleap.co.uk We love spending time with likeminded passionate people to chat and get inspired in sustainability – whether you're an eco expert or just interested in being a bit greener, join us for a walk to meet others in a green space.



# **FAIRLY EASY**

**MUST BOOK** 

#### **ROOTS TO WELLBEING TASTER -EASTVILLE PARK**

Time 13:30 - see page 8 for details.



#### **FAIRLY EASY**

**MUST BOOK** 

## **ROOTS TO WELLBEING TASTER -**HARTCLIFFE MILLENNIUM GREEN

Time 10:15 - see page 8 for details.



# MODERATE

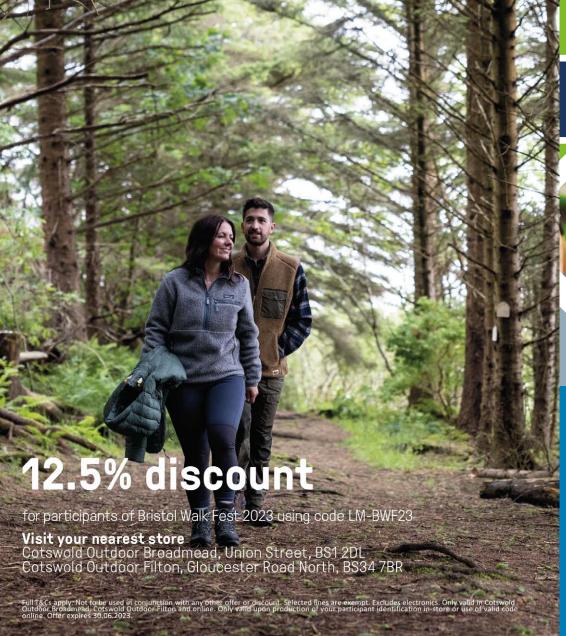
#### **ROLLING AND STROLLING -**VASSALS PARK

Time 11:00 Duration 40mins **Location** Bristol Cathedral (main entrance) BS1 5TJ **Organiser** Bristol Disability **Equality Forum** Book mch.bristoldef@gmail.com

A friendly and welcoming accessible walking group and a great way for people to meet other disabled people and make connections.













# **Bristol Clean Air Zone**

Many vehicles aren't charged in the zone – check yours today or pay online at: gov.uk/clean-air-zones









#### **TELL US WHAT YOU THINK**

Please complete our short survey and as a thank you for your feedback, we'll enter you into a free prize draw to win a £100 Cotswold Outdoor gift card. You can either fill it in online at www.bristolwalkfest.com or complete the form your event organiser gave you.

# WIN A £100 GIFT CARD FROM COTSWOLD outdoor

#### JOIN THE CONVERSATION

Do share your Walk Fest news/stories/photos via Facebook, Twitter or Instagram using the hashtag #bristolwalkfest

#### THANK YOU

A big thank you to all our partners, supporters, walk leaders and other volunteers for contributing to Bristol Walk Fest 2023.

Bristol Walk Fest is coordinated by Active Ageing Bristol, hosted by Age UK Bristol, who is once again the lead partner.

Principal funders are Bristol City Council, with further sponsorship, in cash and/or in-kind, from Bristol Ramblers, Bristol Cotswold Outdoor, Doveton Press, Go Jauntly and Visit Bristol.



Age UK Bristol is not responsible for the delivery of walks or events. Whilst organisers endeavour to make all their walks as safe and as enjoyable as possible, any event attended is done so at your own risk. Due care has been exercised in organising the walking festival, however Age UK Bristol accept no liability for loss, accident or injury caused to any person following the routes. You are advised to check your own personal accident cover before taking part. You need to choose walks within your capabilities. In the event of any unforeseen circumstances, the Bristol Walk Fest partners reserve the right to change or cancel a walk without prior notice. This information is correct at the time of going to print. Walks and events may be subject to change. Please check website or contact the walk organiser before you attend.





