



## Get Your Hands On Our Printed Programme Now

This year's printed programme has now been distributed around Bristol and we're excited for you to pick up one. You can get a copy from your local library as well as many community centres, leisure centres and cafes.

## About Bristol Walk Fest



### Latest news

After much work, we were really excited to get a first look at the programme, in real life!



### Latest news

This year, you'll be able to get a 'I walked it' sticker from your walk leader after taking part in a BWF walk

## Printed programme, available now

We've received delivery of our printed programme and have been busy distributing them to locations all over Bristol. You can pick up a copy from your local library, as well as various community hubs, leisure centres, cafes etc. Keep an eye out for them all over Bristol!

[View the programme](#)

## Highlighted Walk



### Bristol Walk Fest Launch Event

Join us to celebrate the launch of BWF 2026 at our event focussing on art and culture, featuring an exciting line up of speakers:

**Show of Strength Theatre Company's** Sheila Hannon and Gerard Cooke; **Misfits Theatre Company's** Anita Kelly, Bill and Rob; **Go Jauntly's** Hana Sutch; and **Dr Subitha Bagirathan**.

[Buy tickets here](#)

## Good News Story

### Walking football is seeing a boom across the South West

Getting fit, socialising, improving confidence and getting out of the house are just some of the reasons why walking football is a brilliant sport that's picking up pace.

Taunton Women's Walking Football Club was the first of its kind in Somerset and is seeing a boom encouraged by Somerset FA, who won the national women and girls award for walking football last year. Players say everyone should come and give it a go, even if they have never kicked a ball before.

[Watch the video](#)

## Did You Know?

**Bristol's oldest walk was created in 1373 to record the new county's boundary.**

This turned into an annual civic perambulation, the route of which was resurrected in 2023 by UoB's Dr Evan Jones. You can now use Google maps to walk the modern 9 mile route, taking in interesting areas and monuments.



[Watch the video here](#)

*"If you are in a bad mood go for a walk. If you are still in a bad mood go for another walk." - Hippocrates*

### **Bristol Walk Fest**

Bristol, United Kingdom

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