



Gear Up For Bristol Walk Fest

As we get closer to May and National Walking Month, we're excited to kick off Bristol Walk Fest and see our providers welcome thousands of walkers on the walks on offer all over our city.

About Bristol Walk Fest



Latest news

Q&A with Go Jauntly's CEO and co-founder Hana Sutch is now live on our website. Read it [here](#).



Latest news

[Bristol's urban nature map](#) has been released and is available now. A great tool to help plan nature-filled walks.

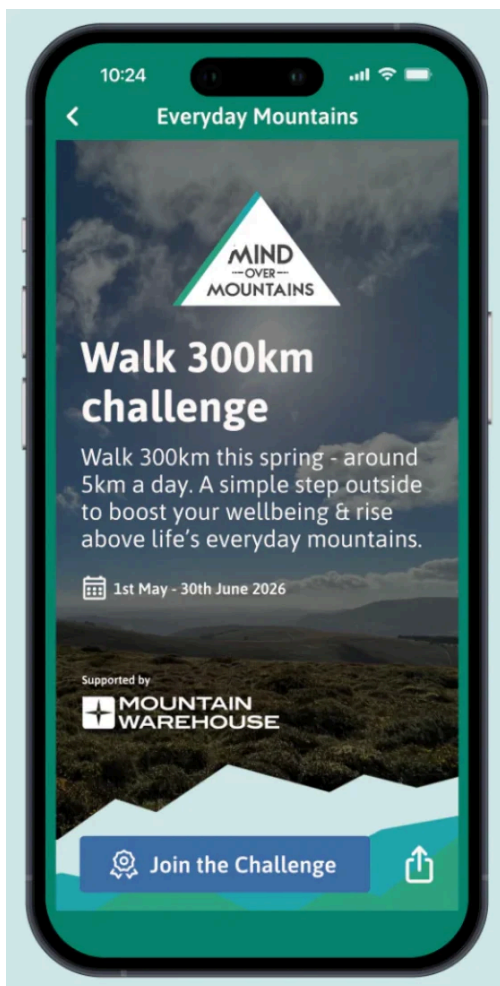
Plan your walks now

With less than two weeks to go until BWF 2026 begins, now is the perfect time to decide which walks you'd like to attend. We kick off on 1st May with our [launch event](#) at Hamilton House and offer walks every single day in May.

Take a look at our [online calendar](#) and make sure you book your place on those where booking is essential, so you don't miss out.

[View the programme](#)

Highlighted Walk



Everyday Mountains Challenge

Walk your way to better wellbeing with this free challenge.

Led by wellbeing charity Mind Over Mountains in partnership with Go Jauntly & Mountain Warehouse, participants are encouraged to walk **300km over 8 weeks** - roughly 5km a day, but with complete flexibility to fit around everyday life.

Whether it's a lunchtime stroll, a weekend wander, or a mindful moment in nature, every step counts.

[Sign up here](#)

Good News Story

Bristol Dementia Action Alliance celebrate their 13-year anniversary.

On Saturday 16th May, BDAA will celebrate by walking the 13-mile route from Bath to Bristol, raising funds for dementia awareness.

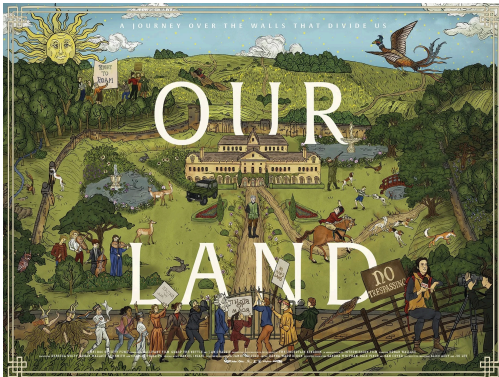
Help to raise awareness across Bristol and create supportive communities for families affected by dementia by taking part in some or all of the sponsored walk, or find out more by visiting their information stall at Bitton Station. What's more, BDAA Founder and Chair will be taking part in the walk and having his hair dyed purple!

[Find out more](#)

Did You Know?

The UK is a wild and beautiful place, but the vast majority is off limits to the general public, with 92% of land and 97% of all rivers in England not legally accessible.

Find out more in new film, OUR LAND, with a special preview screening and Q&A on Sunday 26 April, 4.30pm at Watershed.



[Find out more](#)

"Walking: the most ancient exercise and still the best modern exercise." – Carrie Latet

Bristol Walk Fest

Bristol, United Kingdom

info@bristolwalkfest.co.uk

You received this email because you signed up to our participant mailing list.

[To unsubscribe, click here](#)

